

AUTISM PARENTING PROGRAM

"Training for Carers/Parents"

Funding through a child's NDIS plan

#15_038_0117_1_3

Pg 92 of Pricing Arrangement



WHY PARENT TRAINING?



Early Intervention

When parents learn evidence-based tools to use at home, children have more chances to develop essential skills and reduce behavioral issues.



Consistency

Nobody knows a child better than their parents. Parent training allows interventions to be personalized according to a child's specific needs.



Co-regulation

Equipping parents with ways to manage their own stress creates a supportive environment for their child to learn emotional regulation.



Social Support

Educating extended family members and the support network leads to improved family dynamics and a more inclusive atmosphere for the child.

LINE ITEM

Under **'Other Supports'** pg 92. This is a universal line item that is the same for both ECI and NDIS plans.

Non Face-to-face support provisions.

Line Item #15_038_0117_1_3

WE TEACH

We teach parents to communicate effectively with their autistic child. Creating a place of understanding and **emotional safety**.

We provide **evidence-based** emotional regulation and behavioural strategies, with **ongoing expert support**.

DELIVERED BY

The program was created by the founder of the PSC, Jackie Hall.

All training is delivered by Jackie who is a **Registered Counsellor** with the ACA and has worked in mental health for 16 years.

We meet all NDIS requirement to deliver this line item.

NDIS GOALS

Our program works towards a child's **emotional** and **behavioural goals**.

By empowering parents to take an active role in their child's therapeutic journey, we are creating **better, and lasting outcomes**.

Parent/Carer Training WHY CHOOSE US

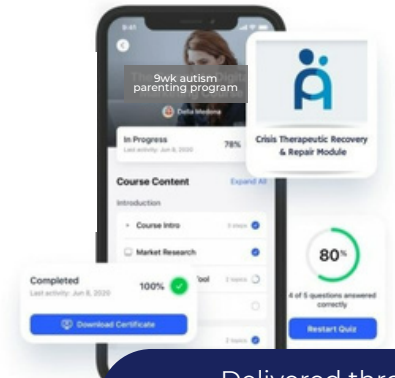


We're an Australian organisation specialising in online training and support for parents and carers. We have supported more than 3,500 families through our Autism-Specific Parenting Program and provide lifetime support.



We bill for 22.97hrs @ \$65.09 = \$1495.12 Capacity Building - IDL Budget

What information do we cover in the program?



✔ Your Mental Health

- Starting with your mental health
- Upgrade your thinking
- Co-regulation strategies
- Parenting Support

✔ Understanding Autism

- What's going on for your child
- Why their behaviour makes sense
- Masking/Sensory Input
- Executive Functioning
- Become confidently neuro-affirming

✔ Overcoming Barriers

- Meltdowns/Shutdowns
- Anxiety & PDA
- School Avoidance
- Aggressive Behaviours
- Siblings/Family Dynamics

✔ Building Skills/Connection

- Teaching new skills
- Emotional Regulation
- Communication & Connection
- De-escalation Strategies
- Child-centred Goal Setting

Delivered through the PSC App

Weekly video
Bite-sized audios

Ongoing online group counselling sessions

Private counselling email support

Beyond the course: Lifetime access to this course

Plus Unlimited lifetime access to all 14 other PSC parenting courses

Plus 5 ebooks by Jackie Hall on Parenting & Relationships

Plus Lifetime support through our monthly group counselling sessions

“The session information is easy to understand, inclusive and likely to benefit culturally diverse and complex need families who would ordinarily struggle to access such comprehensive and supportive materials.”

Child and Family Services
Anglicare Victoria

- ✔ We improve your emotional wellbeing as well as your child's.
- ✔ Our support network is unbeatable. You'll connect with other families sharing their successes and struggles together.
- ✔ Ongoing Live group Q&A sessions with our counsellor and recorded if you miss them.
- ✔ Lifetime access to the course material or redo the live programs as many time as you need.



We get you



Scan & visit our website

Enrol with NDIS Plan \$1495.12

No NDIS Plan? No worries:

Enrol with upfront payment \$1495

Enrol 3 x \$500 monthly payments

Referred By:



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