

Course breakdown for NDIS billing:

Qualified Counsellor and Parental Mental Health Specialist, Jackie Hall delivers an intensive 9-week program teaching parents how to reduce stress, depression and/or anxiety associated with parenting children on the autism spectrum. Below are the inclusions and the costings outlined for this program* *Note, these costings include estimations used to calculate the use of the live support component of the programs.

<p>Weekly Instructional Videos + Daily Lessons Distributed through membership site and email over 9 weeks. Daily lessons - 40 days x 15min = 10hrs Weekly lesson - 1 hour per week x 8 = 8 hrs Total hours = 18 hours of content delivered</p>	<p>18 x \$50 per hour = \$900</p>
<p>Fortnightly Live Online Webinars Delivered by Jackie Hall over 9 week program 4 x 1.5 hour webinars delivered over 9 weeks = 6 hours</p>	<p>6 x \$50 per hour = \$300</p>
<p>*Conservative Estimations of use are calculated here: Unlimited LIVE Online support via Facebook private Group to get questions answered 7 days per week by professional counsellors. *2 hours per week x 9 weeks = 18 hours</p>	<p>18 x \$50 per hour = \$900</p>
<p>This 9 week program also includes a Lifetime Access to the Total Gold Support Program which includes the following: • Access to 14 additional Online parenting programs • 5 x Parenting Ebooks Authored by Jackie Hall • Live Online Facebook support group. Unlimited Lifetime Access. • Monthly Live webinars for life • Access to any new programs launched for life • Access to any live online programs run by the PSC</p>	<p>Normal program Fee for Life Gold Membership = \$970</p>
<p>Please note: If using the Core supports, the invoice will be issued under Line item #01_741_0128_1_3 - Allied Health Therapy Training & calculated at 7.7 hours x \$193.99 - totalling \$1493.72. If using the Capacity Building - Improved Daily Living Section of the plan, the invoice will be issued under Line item #15_038_0117_1_3 - Parent Skills Training & calculated at 22.97 hours x \$65.09 - totalling \$1495.12</p>	<p>Total Value \$3,070 Total Invoiced \$1,495</p>

Why a child's plan can be used...

This 9-week program alongside our suite of 14 other parenting programs can assist parents to help their child to reach certain goals such as; emotional regulation, communication, incorrect and distorted thinking and improvement of overall mental health.

This program focuses on the mental health of the parent as well as the child, so that they are able to emotionally support their child. It teaches parents techniques for helping a child with anxiety, depression, coping strategies and mindfulness techniques to deal with the stress of day-to-day living. The program teaches parents to understand the purpose or function of their child's behaviour and create management plans to alleviate their child's stress and learn coping techniques for challenging situations.

This fee of \$1,495 includes the 9-week autism program with support during the 9 weeks, as well as our lifetime Gold Support, giving access to another 14 parenting programs, ebooks and ongoing monthly webinars, and support through our Gold Support Facebook group 7 days a week - forever.

Core - Assistance with Daily Life

If using the Core Supports section of a plan, line item 01_741_0128_1_3 will be used highlighted on page 56 from the price guide.

Therapy-related health supports

These Disability-Related Health Supports provide care, other than nursing care, to respond to the disability-related health needs of a participant where that care is not the usual responsibility of the health system. They have been temporarily duplicated into the Assistance with Daily Life Support Category so that participants can have greater access to these supports if they need them.

See pages 102 and 103 for further information on these support items. These support items can be delivered to individual participants subject to the rules set out in this NDIS Pricing Arrangements and Price Limits.

As well as direct service provision, these support items can be used to claim for;

- Non-Face-to-Face Support Provision

These support items are subject to price limits as set out in the following Table. Different price limits apply depending on the type of allied health professional who delivers the support.

Item Number	Item Name and Notes	Unit	NSW VIC QLD ACT	WA SA TAS NT	Remote	Very Remote
01_741_0128_1_3	Assessment, Recommendation, Therapy and/or Training (including Assistive Technology) - Other Therapy <ul style="list-style-type: none"> • Must be delivered by a suitably qualified allied health professional. 	Hour	\$193.99	\$193.99	\$271.59	\$290.99
01_760_0128_3_3	Dietitian Consultation And Diet Plan Development <ul style="list-style-type: none"> • Provision of advice to a participant on managing diet for health and well-being due to the impact of their disability 	Hour	\$193.99	\$193.99	\$271.59	\$290.99

Capacity Building Improved Daily Living

If using Capacity Building Improved Daily Living section of plan, line item 15_038_0117_1_3 will be used highlighted on page 108 from price guide

Other Supports

These support items assist the development of, or increase, a participant's skills and or capacity for independence and community participation. These support items can be delivered to individual participants subject to the rules set out this NDIS Pricing Arrangements and Price Limits. As well as direct service provision, these support item can be used to claim for;

- Non-Face-to-Face Support Provision

These support items are subject to the price limits set out in the following Table:

Item Number	Item Name and Notes	Unit	National	Remote	Very Remote
15_035_0106_1_3	Assistance With Decision Making, Daily Planning and Budgeting <ul style="list-style-type: none"> • Provision of time limited support to assist a person to develop and maintain daily budget, including assisting in planning purchases. 	Hour	\$57.10	\$79.94	\$85.65
15_037_0117_1_3	Skill Development And Training to increase independence, including Public Transport Training <ul style="list-style-type: none"> • Individual training provided in the home for general life skills to increase independence. 	Hour	\$57.10	\$79.94	\$85.65
15_038_0117_1_3	Training For Carers/Parents <ul style="list-style-type: none"> • Training for carers in matters related to caring for a person with disability. 	Hour	\$65.09	\$91.13	\$97.64
15_047_0135_1_3	Selection and/or Manufacture of Customised or Wearable Technology	Hour	\$193.99	\$271.59	\$290.99



We would genuinely love to speak to you about anything related to the PSC.

Whether you would like to chat about a particular family's circumstances or becoming an active referral partner.

Phone: 1300 948 608

Email: info@parentalstress.com.au

Web: www.parentalstresscentre.com

Here's who you'll speak to...

Kristy Collis

Business Support Manager

Is your first port of call for anything related to getting parents on the programs or questions around the NDIS. She is here to make the process as simple as possible for everyone, as long as she's had her morning coffee.

Katrina Gilliland

Membership and Administration

She is our admin ninja. Once signed on Katrina is responsible for all our back-end paperwork. If you have an invoicing query she's your gal.

Jackie Hall

Founder and lead counsellor at the PSC

Jackie is ridiculously passionate about helping people through our programs but a little averse to answering phones, you're always better to get her on email.